



# 七月份活動時間表 July 2010

星期日 SUN	星期一 MON	星期二 TUE	星期三 WED	星期四 THU	星期五 FRI	星期六 SAT
				1	2	3 Yoga Workshop 瑜伽工作坊 12:00 - 12:45 Roll-up 練波 14:30
4	5	6 Tai Chi Course 19:30-21:00	7 Roll-up 練波 18:30	8 Yoga Course 瑜伽班 18:00	9	10 Roll-up 練波 14:30
11 FIFA World Cup 世界盃賽 02:30 - 05:00	12 FIFA World Cup 世界盃賽 02:30-05:00	13 Tai Chi Course 19:30-21:00	14 Roll-up 練波 18:30	15 Yoga Course 瑜伽班 18:00	16	17 Roll-up 練波 14:30
18	19	20 Tai Chi Course 19:30-21:00	21 Roll-up 練波 18:30	22 Yoga Course 瑜伽班 18:00	23	24 Roll-up 練波 14:30
25	26	27 Tai Chi Course 19:30-21:00	28 Roll-up 練波 18:30	29	30	31 Roll-up 練波 14:30



Yoga Course 瑜伽班 18:00-19:15 (Thursday)



2010 FIFA WORLD CUP SOUTH AFRICA  
11 June - 12 July 2010 (HK)

## Office Service Directory

Manager (Acting) Carmon Kwan  
Administration Officer Wilson Ho  
Bowls & Administration Ann Ho  
Member Services Officer Erina Lau  
Member Services Officer Christina Chan



Live Music Show  
on Saturday Night  
17:30 - 20:30

## # Bar Happy Hour Extension

Monday - Friday  
歡樂時光  
18:00 - 20:00



For enquiry please call the office 如有查詢請致電 Tel.: 2368 7733

Bowls Roll-up Hotline 草地滾球練習登記熱線 Tel.: 2369 6417

Website Reference 網頁參考:- <http://www.kbhc.com.hk>



For details, please refer to the CABLE TV programme at <http://epg.i-cable.com>

詳情請參閱CABLE TV有線電視 <http://epg.i-cable.com/> 的節目時間表。

Bar opening hours will be extended to 05:00hrs on 11 & 12 July 2010 for FIFA World Cup Champion 世界盃決賽日即「七月十一及十二日」，酒吧將延長開放時間至凌晨五時。

Please refer to Notice Board for any updated information. 如有任何更新資料請參閱告示版為準。

In order to improve our service quality, telephone conversation would be recorded.



為改善我們的服務質素，電話對話內容可能會被錄音。